

INTERNATIONAL SABRE CAMP



We are waiting for you in Chianciano Terme in the heart of Italy, surrounded by the beautiful Tuscan hills declared a UNESCO heritage site, for the **International Sabre Camp 2025 from 21 July to 30 July**, a vacation dedicated to a high level fencing preparation.

Considering the large number of nationalities and the large number of valuable coaches, our sleep away summer camp pursues the varied experience with different fencing schools in the world both through the different training methods in the group meetings, the individual ones and in the direct bouts that they will have during the camp.

Also, the social component is very solid, the athletes having the opportunity to interact with others from all over the world.

In 2024
at our camp took
part 270 athletes
from 27 different
countries!

Lucca Firenze Pisa Siena Chianciano Terme







The program will contain specific physical preparation and saber fencing footwork, components led by each of the invited coaches and bouts.

We will also organize a competition for all participants, by age category.

In the free time between classes or in the evening after dinner, meetings are held in hotel lobbies where the athletes play chess, books, table tennis, etc. The program of the camp will be made together with all coaches and announced with 2 weeks before the camp. The teams will be accommodated in several hotels in Chianciano Terme, within walking distance to the fencing hall. Each coach will supervise and takes care of his own team. Athletes who come to the camp without coaches or parents will be under the supervision of the manager.

A medical assistant will be present in the camp, 24 hours / day. The fencing hall are equipped with top fencing equipment, provided by Federscherma.





Moments of leisure and relaxation





Athletes must have competitive fencing equipment according to the FIE rules:

Fencing Jacket 800N/350N
Pants 800N/350N
Underarm protector 800N/350N
Saber fencing Mask 1600N
Saber fencing Glove 800N/350N.

The Camp includes:

- accommodation in 3-Stars Hotel
- 3 meals/day (highly appreciated menu in the past): breakfast, lunch and dinner
 training
 - competition
 - •2 outdoor swimming pool

Extra charge:

- •trip to one of the nearby cities
 - transfer •individual lessons

For further information, kindly contact internationalsabrecamp@gmail.com